

African Powerlifting Federation

Record Certificate

This is to certify that

Iyed Messek

Of the nation

Tunisia

On the 28th day of November 2025
achieved a Total of 610kg in accordance
with the rules of the
International Powerlifting Federation
at the 2025 African Classic Powerlifting Championships
in Tunis, Tunisia

This constitutes an African Record
in the -66kg weight division, Classic Men's Open class.

Dated this 28th day of November 2025



APF President, Kamel Nedjah



APF Record Keeper, Heather Leighton



African Powerlifting Federation

Record Certificate

This is to certify that

Iyed Messek

Of the nation

Tunisia

On the 28th day of November 2025
achieved a Total of 610kg in accordance
with the rules of the
International Powerlifting Federation
at the 2025 African Classic Powerlifting Championships
in Tunis, Tunisia

This constitutes an African Record
in the -66kg weight division, Classic Men's Junior class.

Dated this 28th day of November 2025



APF President, Kamel Nedjah



APF Record Keeper, Heather Leighton



African Powerlifting Federation

Record Certificate

This is to certify that

Ahmed Sami Naamaoui

Of the nation

Tunisia

On the 28th day of November 2025
achieved a Squat of 250kg in accordance
with the rules of the
International Powerlifting Federation
at the 2025 African Classic Powerlifting Championships
in Tunis, Tunisia

This constitutes an African Record
in the -74kg weight division, Classic Men's Subjunior class.
Dated this 28th day of November 2025



APF President, Kamel Nedjah



APF Record Keeper, Heather Leighton



African Powerlifting Federation

Record Certificate

This is to certify that

Moayed Zammeli

Of the nation

Tunisia

On the 28th day of November 2025
achieved a Deadlift of 215kg in accordance
with the rules of the
International Powerlifting Federation
at the 2025 African Classic Powerlifting Championships
in Tunis, Tunisia

This constitutes an African Record
in the -59kg weight division, Classic Men's Subjunior class.
Dated this 28th day of November 2025



APF President, Kamel Nedjah



APF Record Keeper, Heather Leighton

African Powerlifting Federation

Record Certificate

This is to certify that

Ahmed Sami Naamaoui

Of the nation

Tunisia

On the 28th day of November 2025
achieved a Deadlift of 320,5kg in accordance
with the rules of the
International Powerlifting Federation
at the 2025 African Classic Powerlifting Championships
in Tunis, Tunisia

This constitutes an African Record
in the -74kg weight division, Classic Men's Subjunior class.
Dated this 28th day of November 2025



APF President, Kamel Nedjah



APF Record Keeper, Heather Leighton



African Powerlifting Federation

Record Certificate

This is to certify that

Yassine Barnat

Of the nation

Tunisia

On the 28th day of November 2025
achieved a Deadlift of 291,5kg in accordance
with the rules of the
International Powerlifting Federation
at the 2025 African Classic Powerlifting Championships
in Tunis, Tunisia

This constitutes an African Record
in the -93kg weight division, Classic Men's Subjunior class.

Dated this 28th day of November 2025



APF President, Kamel Nedjah



APF Record Keeper, Heather Leighton



African Powerlifting Federation

Record Certificate

This is to certify that

Ahmed Sami Naamaoui

Of the nation

Tunisia

On the 28th day of November 2025
achieved a Total of 670,5kg in accordance
with the rules of the
International Powerlifting Federation
at the 2025 African Classic Powerlifting Championships
in Tunis, Tunisia

This constitutes an African Record
in the -74kg weight division, Classic Men's Subjunior class.
Dated this 28th day of November 2025



APF President, Kamel Nedjah



APF Record Keeper, Heather Leighton



African Powerlifting Federation

Record Certificate

This is to certify that

Dahmen Oussema Bel Haj

Of the nation

Tunisia

On the 28th day of November 2025
achieved a Bench Press of 177,5kg in accordance
with the rules of the
International Powerlifting Federation
at the 2025 African Classic Powerlifting Championships
in Tunis, Tunisia

This constitutes an African Record
in the 120+kg weight division, Classic Men's Junior class.

Dated this 28th day of November 2025



APF President, Kamel Nedjah



APF Record Keeper, Heather Leighton



African Powerlifting Federation

Record Certificate

This is to certify that

Moayed Zammeli

Of the nation

Tunisia

On the 28th day of November 2025
achieved a Deadlift of 215kg in accordance
with the rules of the
International Powerlifting Federation
at the 2025 African Classic Powerlifting Championships
in Tunis, Tunisia

This constitutes an African Record
in the -59kg weight division, Classic Men's Junior class.

Dated this 28th day of November 2025



APF President, Kamel Nedjah



APF Record Keeper, Heather Leighton



African Powerlifting Federation

Record Certificate

This is to certify that

Ahmed Sami Naamaoui

Of the nation

Tunisia

On the 28th day of November 2025
achieved a Deadlift of 320,5kg in accordance
with the rules of the
International Powerlifting Federation
at the 2025 African Classic Powerlifting Championships
in Tunis, Tunisia

This constitutes an African Record
in the -74kg weight division, Classic Men's Junior class.

Dated this 28th day of November 2025



APF President, Kamel Nedjah



APF Record Keeper, Heather Leighton



African Powerlifting Federation

Record Certificate

This is to certify that

Ameni Lounis

Of the nation

Tunisia

On the 28th day of November 2025
achieved a Bench Press of 85,5kg in accordance
with the rules of the
International Powerlifting Federation
at the 2025 African Classic Powerlifting Championships
in Tunis, Tunisia

This constitutes an African Record
in the -57kg weight division, Classic Women's Open class.
Dated this 28th day of November 2025



APF President, Kamel Nedjah



APF Record Keeper, Heather Leighton



African Powerlifting Federation

Record Certificate

This is to certify that

Ameni Lounis

Of the nation

Tunisia

On the 28th day of November 2025
achieved a Bench Press of 85,5kg in accordance
with the rules of the
International Powerlifting Federation
at the 2025 African Classic Powerlifting Championships
in Tunis, Tunisia

This constitutes an African Record
in the -57kg weight division, Classic Women's Open Bench Press only
class.

Dated this 28th day of November 2025



APF President, Kamel Nedjah



APF Record Keeper, Heather Leighton



African Powerlifting Federation

Record Certificate

This is to certify that

Ranim Meddeb

Of the nation

Tunisia

On the 28th day of November 2025
achieved a Squat of 130kg in accordance
with the rules of the
International Powerlifting Federation
at the 2025 African Classic Powerlifting Championships
in Tunis, Tunisia

This constitutes an African Record
in the -52kg weight division, Classic Women's Subjunior class.

Dated this 28th day of November 2025



APF President, Kamel Nedjah



APF Record Keeper, Heather Leighton

African Powerlifting Federation

Record Certificate

This is to certify that

Maram Messek

Of the nation

Tunisia

On the 28th day of November 2025
achieved a Squat of 132,5kg in accordance
with the rules of the
International Powerlifting Federation
at the 2025 African Classic Powerlifting Championships
in Tunis, Tunisia

This constitutes an African Record
in the -57kg weight division, Classic Women's Subjunior class.

Dated this 28th day of November 2025



APF President, Kamel Nedjah



APF Record Keeper, Heather Leighton



African Powerlifting Federation

Record Certificate

This is to certify that

Ranim Meddeb

Of the nation

Tunisia

On the 28th day of November 2025
achieved a Bench Press of 77,5kg in accordance
with the rules of the
International Powerlifting Federation
at the 2025 African Classic Powerlifting Championships
in Tunis, Tunisia

This constitutes an African Record
in the -52kg weight division, Classic Women's Subjunior class.

Dated this 28th day of November 2025



APF President, Kamel Nedjah



APF Record Keeper, Heather Leighton



African Powerlifting Federation

Record Certificate

This is to certify that

Maram Messek

Of the nation

Tunisia

On the 28th day of November 2025
achieved a Bench Press of 80,5kg in accordance
with the rules of the
International Powerlifting Federation
at the 2025 African Classic Powerlifting Championships
in Tunis, Tunisia

This constitutes an African Record
in the -57kg weight division, Classic Women's Subjunior class.

Dated this 28th day of November 2025



APF President, Kamel Nedjah



APF Record Keeper, Heather Leighton



African Powerlifting Federation

Record Certificate

This is to certify that

Ranim Meddeb

Of the nation

Tunisia

On the 28th day of November 2025
achieved a Bench Press of 77,5kg in accordance
with the rules of the
International Powerlifting Federation
at the 2025 African Classic Powerlifting Championships
in Tunis, Tunisia

This constitutes an African Record
in the -52kg weight division, Classic Women's Subjunior Bench Press
only class.

Dated this 28th day of November 2025



APF President, Kamel Nedjah



APF Record Keeper, Heather Leighton



African Powerlifting Federation

Record Certificate

This is to certify that

Maram Messek

Of the nation

Tunisia

On the 28th day of November 2025
achieved a Bench Press of 80,5kg in accordance
with the rules of the
International Powerlifting Federation
at the 2025 African Classic Powerlifting Championships
in Tunis, Tunisia

This constitutes an African Record
in the -57kg weight division, Classic Women's Subjunior Bench Press
only class.

Dated this 28th day of November 2025



APF President, Kamel Nedjah



APF Record Keeper, Heather Leighton



African Powerlifting Federation

Record Certificate

This is to certify that

Ranim Meddeb

Of the nation

Tunisia

On the 28th day of November 2025
achieved a Deadlift of 142,5kg in accordance
with the rules of the
International Powerlifting Federation
at the 2025 African Classic Powerlifting Championships
in Tunis, Tunisia

This constitutes an African Record
in the -52kg weight division, Classic Women's Subjunior class.

Dated this 28th day of November 2025



APF President, Kamel Nedjah



APF Record Keeper, Heather Leighton



African Powerlifting Federation

Record Certificate

This is to certify that

Maram Messek

Of the nation

Tunisia

On the 28th day of November 2025
achieved a Deadlift of 160kg in accordance
with the rules of the
International Powerlifting Federation
at the 2025 African Classic Powerlifting Championships
in Tunis, Tunisia

This constitutes an African Record
in the -57kg weight division, Classic Women's Subjunior class.

Dated this 28th day of November 2025



APF President, Kamel Nedjah



APF Record Keeper, Heather Leighton



African Powerlifting Federation

Record Certificate

This is to certify that

Ranim Meddeb

Of the nation

Tunisia

On the 28th day of November 2025
achieved a Total of 350kg in accordance
with the rules of the
International Powerlifting Federation
at the 2025 African Classic Powerlifting Championships
in Tunis, Tunisia

This constitutes an African Record
in the -52kg weight division, Classic Women's Subjunior class.

Dated this 28th day of November 2025



APF President, Kamel Nedjah



APF Record Keeper, Heather Leighton



African Powerlifting Federation

Record Certificate

This is to certify that

Maram Messek

Of the nation

Tunisia

On the 28th day of November 2025
achieved a Total of 373kg in accordance
with the rules of the
International Powerlifting Federation
at the 2025 African Classic Powerlifting Championships
in Tunis, Tunisia

This constitutes an African Record
in the -57kg weight division, Classic Women's Subjunior class.

Dated this 28th day of November 2025



APF President, Kamel Nedjah



APF Record Keeper, Heather Leighton



African Powerlifting Federation

Record Certificate

This is to certify that

Ranim Meddeb

Of the nation

Tunisia

On the 28th day of November 2025
achieved a Squat of 130kg in accordance
with the rules of the
International Powerlifting Federation
at the 2025 African Classic Powerlifting Championships
in Tunis, Tunisia

This constitutes an African Record
in the -52kg weight division, Classic Women's Junior class.

Dated this 28th day of November 2025



APF President, Kamel Nedjah



APF Record Keeper, Heather Leighton

African Powerlifting Federation

Record Certificate

This is to certify that

Maram Messek

Of the nation

Tunisia

On the 28th day of November 2025
achieved a Squat of 132,5kg in accordance
with the rules of the
International Powerlifting Federation
at the 2025 African Classic Powerlifting Championships
in Tunis, Tunisia

This constitutes an African Record
in the -57kg weight division, Classic Women's Junior class.

Dated this 28th day of November 2025



APF President, Kamel Nedjah



APF Record Keeper, Heather Leighton

African Powerlifting Federation

Record Certificate

This is to certify that

Loujayn Mechri

Of the nation

Tunisia

On the 28th day of November 2025
achieved a Squat of 160kg in accordance
with the rules of the
International Powerlifting Federation
at the 2025 African Classic Powerlifting Championships
in Tunis, Tunisia

This constitutes an African Record
in the -84kg weight division, Classic Women's Junior class.

Dated this 28th day of November 2025



APF President, Kamel Nedjah



APF Record Keeper, Heather Leighton

African Powerlifting Federation

Record Certificate

This is to certify that

Ranim Meddeb

Of the nation

Tunisia

On the 28th day of November 2025
achieved a Bench Press of 77,5kg in accordance
with the rules of the
International Powerlifting Federation
at the 2025 African Classic Powerlifting Championships
in Tunis, Tunisia

This constitutes an African Record
in the -52kg weight division, Classic Women's Junior class.

Dated this 28th day of November 2025



APF President, Kamel Nedjah



APF Record Keeper, Heather Leighton



African Powerlifting Federation

Record Certificate

This is to certify that

Maram Messek

Of the nation

Tunisia

On the 28th day of November 2025
achieved a Bench Press of 80,5kg in accordance
with the rules of the
International Powerlifting Federation
at the 2025 African Classic Powerlifting Championships
in Tunis, Tunisia

This constitutes an African Record
in the -57kg weight division, Classic Women's Junior class.

Dated this 28th day of November 2025



APF President, Kamel Nedjah



APF Record Keeper, Heather Leighton



African Powerlifting Federation

Record Certificate

This is to certify that

Loujayn Mechri

Of the nation

Tunisia

On the 28th day of November 2025
achieved a Bench Press of 87,5kg in accordance
with the rules of the
International Powerlifting Federation
at the 2025 African Classic Powerlifting Championships
in Tunis, Tunisia

This constitutes an African Record
in the -84kg weight division, Classic Women's Junior class.

Dated this 28th day of November 2025



APF President, Kamel Nedjah



APF Record Keeper, Heather Leighton



African Powerlifting Federation

Record Certificate

This is to certify that

Ranim Meddeb

Of the nation

Tunisia

On the 28th day of November 2025
achieved a Bench Press of 77,5kg in accordance
with the rules of the
International Powerlifting Federation
at the 2025 African Classic Powerlifting Championships
in Tunis, Tunisia

This constitutes an African Record
in the -52kg weight division, Classic Women's Junior Bench Press only
class.

Dated this 28th day of November 2025



APF President, Kamel Nedjah



APF Record Keeper, Heather Leighton



African Powerlifting Federation

Record Certificate

This is to certify that

Maram Messek

Of the nation

Tunisia

On the 28th day of November 2025
achieved a Bench Press of 80,5kg in accordance
with the rules of the
International Powerlifting Federation
at the 2025 African Classic Powerlifting Championships
in Tunis, Tunisia

This constitutes an African Record
in the -57kg weight division, Classic Women's Junior Bench Press only
class.

Dated this 28th day of November 2025



APF President, Kamel Nedjah



APF Record Keeper, Heather Leighton



African Powerlifting Federation

Record Certificate

This is to certify that

Loujayn Mechri

Of the nation

Tunisia

On the 28th day of November 2025
achieved a Bench Press of 87,5kg in accordance
with the rules of the
International Powerlifting Federation
at the 2025 African Classic Powerlifting Championships
in Tunis, Tunisia

This constitutes an African Record
in the -84kg weight division, Classic Women's Junior Bench Press only
class.

Dated this 28th day of November 2025



APF President, Kamel Nedjah



APF Record Keeper, Heather Leighton



African Powerlifting Federation

Record Certificate

This is to certify that

Ranim Meddeb

Of the nation

Tunisia

On the 28th day of November 2025
achieved a Deadlift of 142,5kg in accordance
with the rules of the
International Powerlifting Federation
at the 2025 African Classic Powerlifting Championships
in Tunis, Tunisia

This constitutes an African Record
in the -52kg weight division, Classic Women's Junior class.

Dated this 28th day of November 2025



APF President, Kamel Nedjah



APF Record Keeper, Heather Leighton



African Powerlifting Federation

Record Certificate

This is to certify that

Maram Messek

Of the nation

Tunisia

On the 28th day of November 2025
achieved a Deadlift of 160kg in accordance
with the rules of the
International Powerlifting Federation
at the 2025 African Classic Powerlifting Championships
in Tunis, Tunisia

This constitutes an African Record
in the -57kg weight division, Classic Women's Junior class.
Dated this 28th day of November 2025



APF President, Kamel Nedjah



APF Record Keeper, Heather Leighton



African Powerlifting Federation

Record Certificate

This is to certify that

Amira Abidi

Of the nation

Tunisia

On the 28th day of November 2025
achieved a Deadlift of 160kg in accordance
with the rules of the
International Powerlifting Federation
at the 2025 African Classic Powerlifting Championships
in Tunis, Tunisia

This constitutes an African Record
in the 84+kg weight division, Classic Women's Junior class.
Dated this 28th day of November 2025



APF President, Kamel Nedjah



APF Record Keeper, Heather Leighton



African Powerlifting Federation

Record Certificate

This is to certify that

Ranim Meddeb

Of the nation

Tunisia

On the 28th day of November 2025
achieved a Total of 350kg in accordance
with the rules of the
International Powerlifting Federation
at the 2025 African Classic Powerlifting Championships
in Tunis, Tunisia

This constitutes an African Record
in the -52kg weight division, Classic Women's Junior class.

Dated this 28th day of November 2025



APF President, Kamel Nedjah



APF Record Keeper, Heather Leighton

African Powerlifting Federation

Record Certificate

This is to certify that

Maram Messek

Of the nation

Tunisia

On the 28th day of November 2025
achieved a Total of 373kg in accordance
with the rules of the
International Powerlifting Federation
at the 2025 African Classic Powerlifting Championships
in Tunis, Tunisia

This constitutes an African Record
in the -57kg weight division, Classic Women's Junior class.

Dated this 28th day of November 2025



APF President, Kamel Nedjah



APF Record Keeper, Heather Leighton

African Powerlifting Federation

Record Certificate

This is to certify that

Loujayn Mechri

Of the nation

Tunisia

On the 28th day of November 2025
achieved a Total of 415kg in accordance
with the rules of the
International Powerlifting Federation
at the 2025 African Classic Powerlifting Championships
in Tunis, Tunisia

This constitutes an African Record
in the -84kg weight division, Classic Women's Junior class.

Dated this 28th day of November 2025



APF President, Kamel Nedjah



APF Record Keeper, Heather Leighton